

Christ our Light Mitzvah Day!



Lending a helping hand Saturday, October 21, 2017

THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer / Donation Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 8th**.

There are opportunities for both volunteering **and** donating. **You do not have to fill out a form if you wish to make a donation.**

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____ Area Code _____ Shirt size: _____

Family members participating (**please list ages of those under 18**). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 😊 indicates that the activity is suitable for families with younger children. **If you would like a Mitzvah t-shirt, please indicate the size. Youth: only large available (YL). Adult: M, L, or XL**





Name	Age	Shirt Size	Name	Age	Shirt Size
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____









The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices.

You will be notified as to your placement.

Team captains are needed for each site. The time commitment for being a team captain is minimal.

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
	Blood Drive Gym	7:30 am – 12:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration helpful. Goal is 45 pints. Call Eva Vitello to make an appointment at 856-751-2530
Outdoor Work/Construction/Clean Up/Painting/Organizing			
	Cherry Hill Food Pantry	9:30 am -1:00 pm	Help sort and clean; restock shelves at new location off of Brace Rd., clean refrigerators and freezers
	Good Counsel Home, Riverside	Flexible time	Painting bedrooms
		Flexible time 	Help with yard work
		Flexible time	Child care
	Sisters of St. Joseph	9 am- 1 pm	The Sisters are opening a new convent in Pennsauken associated with their new Neighborhood Center. The work is helping “retake” the back yard which is extremely overgrown.
	Saddler’s Woods, Haddon Twp.	9:30 am- 1:30 pm 	Raking, laying mulch; trail clean up. Our Boy Scout troop will be working here so we will accept only a very limited number.
	Pilgrimage of Service	9:30 am- 2:15 pm	This is a multi-faceted service day which includes service and experiences in Camden and a tour of the Cathedral. It is facilitated by Father Mike McCue from the Cathedral. This opportunity is for adults and middle school students and older.
	St. Cecilia School, Pennsauken	9 am-12 pm	Painting metal fence posts
	Cedar Run Wildlife Refuge, Medford	10 am – 1 pm 	Cleaning trails and raking; not recommended for children under 10
	St. Bart’s Garden	9 am -12:00 pm 	Help put the garden to bed for the winter; harvest any vegetables which remain.
	Holy Name School	9-12:00 pm	Putting polyurethane coats on wooden doors of school
	Sacred Heart School	9 am- 12:00 pm	Paint bookcases and radiator covers
	Small repair projects	Flexible	We have a few small handyman jobs for elderly and disabled parishioners (mostly yard

			work at this point)
	Christ Our Light Library	Flexible	Help with cataloging the books in the COL library located in the ministry center.
Visiting People/Help with Events			
	United Methodist Communities at Collingswood (formerly Collingswood Manor)	1- 3 pm	Play Bingo with the residents
	Arden Court	1:30- 2:30 pm	Sing along with old time songs for the residents.
	Voorhees Pediatric Hospital	10:30- 11:30 am	Play games with the children or bring an activity to do with them. The children who come should be 15 years of age or older.
Food Preparation, Service and Distribution- except for sandwich and casserole making, the parish can pay for the food supplies.			
	Cathedral Kitchen	11:30 am- 1:30 pm	Serve a meal to the guests who come to the Cathedral Kitchen; must be at least 16
	Sandwich Making	9- 10:30 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to guests at Cathedral kitchen, New Visions and Joseph's House. Volunteers will be contacted regarding bringing bread, cold cuts and cheese.
	New Visions, Camden New Visions is a day shelter for people who are homeless.	7:30- 10:30 am 	Plan a menu and prepare breakfast for the clients who come to New Visions. The service includes preparation and service. Children can come if accompanied by their parents. The parish pays for the food.
	South Jersey Food Bank	8:30 am- 11:00 pm 	Help with food distribution in Williamstown; age 10 or older; need to arrive by 8:15 am
	Ronald McDonald House	10:30 am- 1:00 pm 	Bake cakes and cookies at RMH; children 10 and older can participate
	Joseph's House of Camden	9:30-11:30 am 	Volunteers will prepare casseroles at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult. The cooking will be done at Joseph's House. Volunteers are asked to bring ingredients for their casseroles.
	Vine House, Merchantville	11:30 am- 2:30 pm	Prepare lunch for the residents of this home for those with special needs. If weather is good, can even grill outside. Parish provides the food.
	Kid's Alley Saturday Children's Program, Haddon Heights	10:15 am – 1 pm 	Serve breakfast at their site in Haddon Heights or prepare bagged breakfasts (breakfast is served 10:40-11:15. It is a continental breakfast with items such as yogurt, muffins). Parish provides the food. 6 th grade and older
	Gift of Life	12:30- 1:30 pm 	Gift of Life is a home in Philadelphia where people stay while awaiting life-saving organ transplants. This project is baking at Gift of Life.
	Ronald McDonald House	Deliver to RCS 	Prepare breakfast muffins or breads (e.g. zucchini, banana nut or pumpkin) that can be

		between 8 am- 1:00 pm	frozen and served whenever there is a need at Ronald McDonald House. Recipes will be available at the Welcome/Information desk. Please deliver to the main lobby at the school
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Kit Assembly and Other Projects- all activities listed here are



Virtua Voorhees Hospital Child Life Department	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.
Cherry Hill Food Pantry	9:00- 10:00 am 1:00 pm- 2pm	Decorate 20 bags for the Thanksgiving food; ; help with plastic bag straightening
Cathedral Kitchen	9:00- 10:30 am	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils for Cathedral Kitchen.
Placemat decorating	9:00-10:30 am	Decorate placemats for Cathedral Kitchen and for Good Counsel Home
Christmas craft projects	9:00- 11:00 am 1:00- 3:00 pm	Help with craft projects that are used for Barclay Nursing Home.
Fleece blanket and scarf making	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ, blankets for those undergoing chemotherapy for the Cozies for Chemo program and also for people who are homeless.

Other Opportunities

In addition to the work sites, there is also an opportunity to get involved in the day by donating needed materials ahead of time.

Electronic Equipment: Have anything with a plug that needs to be recycled? If you drop off your electronic equipment by 10 am, we will transport it to the electronic recycling center in Cherry Hill. No large TV's, please. Only small electronics.

Cell Phones: Drop off any cell phones you have which you no longer use. The cell phones will be taken to Verizon. The memory is purged and the phones are used to help survivors of domestic violence. Drop phones off in the gathering space or parish office before that day.

Other Donations: Bubbles, coloring books, crayons, suduko puzzles, children's craft supplies, sealable plastic bags in sandwich size and gallon size. Toiletries (soap, toothpaste, deodorant (men and women's), toothbrushes (full size), hand lotion; new white socks for adults. Adult backpacks; used luggage on wheels. Plastic grocery bags from Wegman's, Acme, Shoprite, etc. There will be baskets in the gathering space for these donations.

Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep); **Lowe's or Home Depot** (for the gardening and home improvement project sites) and **A.C. Moore, JoAnne Fabric or Target** (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for **BJ's** where we can get supplies for any of these projects.

Questions? E-mail Pat Slater at pslater@christourlight.net