



LIVING IN THE LIGHT

The Word

The Transfiguration of the Lord

Week of August 6

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
- ✦ *Then: "In the name of the Father and of the Son"*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Matthew 17: 1 - 9

Jesus took Peter, James, and his brother, John,
and led them up a high mountain by themselves.
And he was transfigured before them;
his face shone like the sun
and his clothes became white as light.
And behold, Moses and Elijah appeared to them,
conversing with him.
Then Peter said to Jesus in reply,
"Lord, it is good that we are here.
If you wish, I will make three tents here,
one for you, one for Moses, and one for Elijah."
While he was still speaking, behold,
a bright cloud cast a shadow over them,
then from the cloud came a voice that said,
"This is my beloved Son, with whom I am well pleased;
listen to him."
When the disciples heard this, they fell prostrate
and were very much afraid.
But Jesus came and touched them, saying,
"Rise, and do not be afraid."
And when the disciples raised their eyes,
they saw no one else but Jesus alone.

As they were coming down from the mountain,
Jesus charged them,
"Do not tell the vision to anyone
until the Son of Man has been raised from the dead."

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: Can you think of a time when you felt very important or that you had a special purpose?

Teens: Recall a time when you felt "on top of the world." Looking back, can you see how God may have been present in the experience?

Adults: Think of an experience where something was revealed to you, but you did not understand it until later. How did that experience help to strengthen your faith or give you a "new life"?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God's word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God's word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God's presence (Contemplatio): Notice God's presence and be still, surrounded by God's love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.