



LIVING IN THE LIGHT

## The Word

### Nineteenth Sunday in Ordinary Time *Week of August 13*

#### ***Call to Prayer and Sharing***

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
- ✦ *Then: "In the name of the Father and of the Son . . . ."*

#### ***The Word of God***

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

1 Kings 19: 9A, 11-13A

At the mountain of God, Horeb,  
Elijah came to a cave where he took shelter.  
Then the LORD said to him,  
"Go outside and stand on the mountain before the LORD;  
the LORD will be passing by."  
A strong and heavy wind was rending the mountains  
and crushing rocks before the LORD—  
but the LORD was not in the wind.  
After the wind there was an earthquake—  
but the LORD was not in the earthquake.  
After the earthquake there was fire—  
but the LORD was not in the fire.  
After the fire there was a tiny whispering sound.  
When he heard this,  
Elijah hid his face in his cloak  
and went and stood at the entrance of the cave.

#### ***Faith Sharing***

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered . . . .*

**Children:** Think of a time you took for quiet (not a timeout). What did you like about that time?

**Teens:** Have you ever asked God for a sign to prove God's self or presence? Have you ever considered making quiet time, instead, to tune in and listen to God?

**Adults:** Have you ever tried to seek fulfillment for a void that could only be filled by an awareness of God's presence? A desire for "something more"? How might you, realistically, in the busyness of life, take time for quiet to listen to God?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God's word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God's word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God's presence (Contemplatio): Notice God's presence and be still, surrounded by God's love.

*Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.*

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

### ***Concluding the meeting***

*At the end of the meeting, the leader closes with the following prayer:*

Good and Gracious God,  
your love for us surpasses all understanding.  
As we leave here today,  
be with us in all our comings and goings,  
and in all that we say and do.  
We pray this in the name of Christ Jesus who is our Light.  
Amen.