



LIVING IN THE LIGHT

The Word

First Sunday of Advent

Week of December 3

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
- ✦ *Then: "In the name of the Father and of the Son"*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Mark 13: 33-37

Jesus said to his disciples:

"Be watchful! Be alert!

You do not know when the time will come.

It is like a man traveling abroad.

He leaves home and places his servants in charge,
each with his own work,

and orders the gatekeeper to be on the watch.

Watch, therefore;

you do not know when the Lord of the house is coming,
whether in the evening, or at midnight,
or at cockcrow, or in the morning.

May he not come suddenly and find you sleeping.

What I say to you, I say to all: "Watch!"

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: What good thing might God be asking you to do today?

Teens: How will you do Christ's work this week?

Adults: From what sleep do you need to be awakened?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God's word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God's word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God's presence (Contemplatio): Notice God's presence and be still, surrounded by God's love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*

✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
 your love for us surpasses all understanding.
 As we leave here today,
 be with us in all our comings and goings,
 and in all that we say and do.
 We pray this in the name of Christ Jesus who is our Light.
 Amen.