



LIVING IN THE LIGHT

## The Word

### **The Most Holy Body and Blood of Christ**

*Week of June 3*

#### ***Call to Prayer and Sharing***

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
  
- ✦ *Then: "In the name of the Father and of the Son . . . ."*

#### ***The Word of God***

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Mark 14: 12-16, 22-26

On the first day of the Feast of Unleavened Bread,  
when they sacrificed the Passover lamb,  
Jesus' disciples said to him,  
"Where do you want us to go  
and prepare for you to eat the Passover?"  
He sent two of his disciples and said to them,  
"Go into the city and a man will meet you,  
carrying a jar of water.  
Follow him.  
Wherever he enters, say to the master of the house,  
"The Teacher says, "Where is my guest room  
where I may eat the Passover with my disciples?""  
Then he will show you a large upper room furnished and ready.  
Make the preparations for us there."  
The disciples then went off, entered the city,  
and found it just as he had told them;  
and they prepared the Passover.  
While they were eating,  
he took bread, said the blessing,  
broke it, gave it to them, and said,  
"Take it; this is my body."  
Then he took a cup, gave thanks, and gave it to them,  
and they all drank from it.  
He said to them,  
"This is my blood of the covenant,  
which will be shed for many.  
Amen, I say to you,  
I shall not drink again the fruit of the vine

until the day when I drink it new in the kingdom of God."  
Then, after singing a hymn,  
they went out to the Mount of Olives.

### ***Faith Sharing***

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered . . . .*

**Children:** What does the Eucharist make you think about?

**Teens:** What is your focus when you partake of the Eucharist?

**Adults:** We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God's word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God's word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God's presence (Contemplatio): Notice God's presence and be still, surrounded by God's love.

*Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.*

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

### ***Concluding the meeting***

*At the end of the meeting, the leader closes with the following prayer:*

Good and Gracious God,  
your love for us surpasses all understanding.  
As we leave here today,  
be with us in all our comings and goings,  
and in all that we say and do.  
We pray this in the name of Christ Jesus who is our Light.  
Amen.