



First Sunday of Lent

Week of February 14

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*

- ✦ *Then: “In the name of the Father and of the Son . . .”*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Luke 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

He ate nothing during those days, and when they were over he was hungry.

The devil said to him,

“If you are the Son of God, command this stone to become bread.”

Jesus answered him,

“It is written, One does not live on bread alone.”

Then he took him up and showed him all the kingdoms of the world in a single instant.

The devil said to him,

“I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish.

All this will be yours, if you worship me.”

Jesus said to him in reply,

“It is written:

You shall worship the Lord, your God, and him alone shall you serve.”

Then he led him to Jerusalem,

made him stand on the parapet of the temple, and said to him,

“If you are the Son of God, throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you, and:

With their hands they will support you,

lest you dash your foot against a stone.”
Jesus said to him in reply,
“It also says,
You shall not put the Lord, your God, to the test.”
When the devil had finished every temptation,
he departed from him for a time.

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Child: How does Jesus teach you to always trust in God?

Teens: What makes it easier to face temptations and choose to do what is right?

Adult: We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God’s word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God’s word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God’s presence (Contemplatio): Notice God’s presence and be still, surrounded by God’s love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.