



Short Term Mission Appalachia Service Trip July 16-23 2016



“Yes, the poor of the mountains have been wounded, but they are not crushed. The Spirit still lives. The sound of music still ripples through the hills. Continually the tears of song burn in outrage and outrage lives in struggle.”

- This Land is Home to Me, A Pastoral Letter on the Powerlessness in Appalachia, 1975



What to expect:

You will meet some very interesting people
 Sometimes you will be incredulous about the fact that you are in the United States
 You will see things that are both familiar and strange
 You will have a lot of questions
 You will work hard at a variety of home repair projects
 You will never be asked to do work with which you are uncomfortable
 You will never forget this experience.

**Preparation:**

We have four team formation meetings. These meetings usually last two hours each. The purpose of these meetings is to learn more about Appalachia (information) and to get comfortable with our team and with aspects of the experience like faith sharing (formation). Additionally, you will have a binder with resources as well as web resources which will help you learn more Appalachia. These meetings are important and we try to schedule these so everyone can make all the meetings. After our trip there is a team retreat and also an event for sharing the experience with the parish.

Accommodations:

The St. Joseph Housing Repair Program has a home for volunteers called the Dorothy Baker House which is adjacent to the church. There is a kitchen, dining room, living room and three large sleeping rooms with bunk beds. It is air conditioned. There is also a Sleep Inn a ten minute walk down the street if you would like a motel room. The cost of the motel room would be in addition to the fees you pay, and you would make your own reservations.

**Transportation:**

Last year we car-pooled. People traveling with others helped with the cost of gas and tolls. It is a 11-13 hour drive from Cherry Hill to Clintwood. We do not caravan, but stay in touch with each other via texts and apps.

Our week:

Saturday is a full day of travel to Clintwood, VA. We try to arrive in time for the parish's Saturday vigil Mass. Sunday can be a day of education about the environmental challenges in the region including mountain top removal. There is also the opportunity to visit some of the wonderful natural beauty spots in the area.

Monday through Friday our schedule is pretty similar

- Morning prayer
- Work sites from about 9-4
- Return— shower, prepare dinner
- Dinner and then pack lunches
- Evening activity arranged by Sr. Jean



Monday— Larry Kennedy, a parishioner and retired miner, talked about the work of a miner

Tuesday— parish potluck followed by some local music

Wednesday— visit the Fourth World Movement center

Thursday— pickin', playin' and dancing' in Pound (ten miles away)

Friday— wrap up from the week

- Evening prayer and reflection with the team

Saturday morning we conclude with a final reflection and prayer and then head back to NJ.

Prayer and Reflection:

These are an integral part of the experience. The expectation is that everyone participate, although it is up to you as to what and how much you share.

Cost:

The cost of the trip is \$400. This includes the program fee, meals (except for meals during your travel and Sunday lunch), and administrative costs. This cost is subject to adjustment if the St. Joseph Housing Repair program changes their fees. If you are unable to pay the entire amount, there is a space on the application form to indicate that you are requesting help with the program costs. Do not hesitate to ask if you need it. The money is collected in three payments.



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Submit this form to

Christ Our Light Church
Pat Slater
402 Kings Highway North
Cherry Hill, NJ 08034
E-mail: pslater@christourlight.net

Name _____

Name by which you like to be called: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (C) _____

E-mail: _____

Date of birth: _____ Marital Status: _____

Occupation: _____ If retired, previous occupation _____

Name of parish in which you are registered: _____

Please indicate what experience or skills you have in home repair/construction:

_____ painting	_____ plumbing	_____ none of these (not to worry if you check this)
_____ demolition	_____ roofing	_____ other: please describe
_____ carpentry	_____ flooring	

Are you CPR certified? _____ Yes _____ No Year certified: _____

Have you taken the Diocesan CAP training _____ Yes _____ No Year: _____

Do you play a musical instrument? _____ Yes _____ No Instrument: _____

Have you participated in missionary/service trips before? If yes, when and where?

If currently a student, please indicate name of school: _____

Current year in school: _____

Age group: () 12-17 () 18-30 () 31-40 () 41-50 () 51-60 () 61-70 () 70+

Why do you want to go on this trip? (if you previously participated in this trip, you do not need to answer this question)

Some considerations for going on this trip You must:

- Commit to team formation meetings
- Able to lift 20 pounds (this is not a deal breaker)
- Abstain from smoking and alcohol for the duration of the trip
- Participate in faith sharing and other religious activities
- Be flexible
- Cope with a long day
- Have a current tetanus shot
- Experience good health in general
- Adapt to a different culture
- Withhold judgment about what you will see and experience
- Live in a setting with less privacy (rooms sleep 6-8)
- Pay the \$400 fee for this trip (plus the cost of transportation and some meals)
- If anyone under 18 goes on this trip, adults must go through CAP training. Must be willing to attend diocesan CAP training and be fingerprinted.

If any of these seem like they may present a challenge, please explain.

If you need financial assistance with the cost of the trip, please indicate what portion you **can** pay?

\$ _____

**Please return pages 3-4 of this form to Christ our Light by Feb. 29.
Please attach a check for \$50 made out to COL Mission.**