



# ELEMENTARY FAITH FORMATION NEWS

March – April, 2026



*Dear Elementary Faith Formation Families,*

*We are journeying through the season of Lent and anticipate the celebration of Christ's resurrection on Easter Sunday. How do you practice the Lenten traditions of Prayer, Fasting, and Almsgiving?*

## **SACRAMENT UPDATE**

**THE THIRD AND FINAL 1<sup>ST</sup> EUCHARIST PARENT/CHILD PREP EVENT IS SCHEDULED FOR SUNDAY, MARCH 15 AND THURSDAY, MARCH 19.**

**CHRIST OUR LIGHT WILL CELEBRATE 1<sup>ST</sup> EUCHARIST ON THE FOLLOWING DATES:**

**SATURDAY, APRIL 18, SUNDAY, APRIL 19, SUNDAY, APRIL 26.**

**OUR 1<sup>ST</sup> EUCHARIST FAMILIES CONTINUE TO BE IN OUR PRAYERS.**



## **LENTEN OUTREACH/OPERATION RICE BOWL**



[crsricebowl.org/change-lives](http://crsricebowl.org/change-lives) | [crsplatodearroz.org/cambia-vidas](http://crsplatodearroz.org/cambia-vidas)

**As a community, Christ Our Light is participating in Catholic Relief Services' Rice Bowl. All EFF families received Rice Bowl boxes. Boxes can be returned to EFF class the week of March 23 / 24 or to the Church on Palm Sunday, March 29.**

## **STATIONS OF THE CROSS**

*Stations of the Cross will be prayed each Friday during Lent at 7pm. See the bulletin or parish website for more information.*

## **COL PARISH LENTEN MISSION "GIVE UP WORRY FOR LENT"**

**Fr. Sanjai Davies, VC, will present on the topic "We Are God's Beloved, Uniquely Chosen, Blessed, Broken, and Shared."**

**Saturday, March 7, 9am in Parish Center**

## **VACATION BIBLE SCHOOL**

VBS is scheduled for Monday, July 13 – Friday, July 17, 9am - Noon

Boys and girls ages 5 years – entering 5<sup>th</sup> grade in September are invited to join us for a week of faith on "Snowball Mountain"



Challenge” discovering that they can draw strength from their faith.

Each day kids will enjoy:

- Bible stories
- Songs and dances
- Crafts
- Games
- Snacks

Enthusiastic VBS team members will make “Snowball Mountain Challenge” come alive for the participants! Help is needed to:

- Create a Ski Resort décor in the Parish Center gym
- Lead groups of participants to Activity Centers
- Oversee Activity Centers: snacks, crafts, games, etc.

Participant and Volunteer registration info will be available in April. STAY TUNED!

### **LOOKING TOWARD SEPTEMBER**

**Beginning September 2026, our parish will transition from a traditional catechesis classroom model to a family based catechetical program using “A Family of Faith” from Sophia Institute. This model strengthens the domestic church, supports parents in their vocation, and brings families together to learn, pray, and grow in faith. Parents are invited and encouraged to attend an informational meeting in the Parish Center gym on Monday and Tuesday from 4:30pm – 5:30pm while their children are attending EFF class.**

### **EFF CALENDAR UPDATE**

Mar. 2 & 3. – Gr. 4 Parent visit  
Mar. 2 & 3 – Gr. 5 Church Tour  
Mar. 7 – COL Parish Lenten Retreat Day  
Mar. 9 & 10 – EFF Parent meetings  
Mar. 11 – EFF Catechist meeting  
Mar. 15 & 19 – Final 1<sup>st</sup> Eucharist prep event  
Mar. 23 & 24 – Living Stations during EFF class  
Mar. 23 & 24 – Rice Bowls returned  
Mar. 30 & 31 – Easter Break No EFF for grades 1-6  
Apr 2 – Holy Week Triduum Services begin (see Bulletin)  
Apr 5 – EASTER SUNDAY – ALLELUIA!  
Apr. 27 & 28 – FINAL MONDAY AND TUESDAY EFF CLASSES

Mary Lou Lymper and I wish you a continued Lenten season of transformation and grace. We are journeying through an austere, yet exciting time of the Church calendar AND ANTICIPATING EASTER JOY!

BE HEALTHY, BE HAPPY, BE BLESSED,

**Ginny Grogan**

Director, Elementary Faith Formation



*A Lenten Prayer*  
*Jesus, open my heart this Lent*  
*so that I might see more clearly*  
*the obstacles that keep me from you.*  
*Give me the courage to change*  
*in those areas of my life that need change.*  
*May I be a true witness*  
*of how to pray, fast, and share with others –*  
*this Lent and always. Amen.*

