

Christ our Light Mitzvah Day!



Lending a helping hand October 20, 2012

THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer / Donation Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 5th**.

There are opportunities for both volunteering **and** donating. You do not have to fill out a form if you wish to make a donation.

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____
Area Code

Family members participating (please list ages of those under 18). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 🧒 indicates that the activity is suitable for families with younger children.

Name	Age	Name	Age
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices. Choices are decided on a first-come, first served basis. You will be notified as to your placement. We will have non-woven COL grocery totes for each household available on Mitzvah Day.

Part of our Mitzvah Day celebration is a potluck on that day after the 4:30 Mass.
Please indicate the number attending: _____

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. The captain will also coordinate the supplies and equipment needed for the service site. We are hoping to have enough people stepping forward so that we can have co-captains for each site. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
Call Office	Blood Drive School Auditorium	8:30 am – 1:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration required. Goal is 45 pints. Call the parish office to make an appointment at 856-667-2440.
	Electronics Recycling	9 am- 12:00	People will be dropping off small electronics which need to be taken to the electronics recycling center in Cherry Hill. Truck, van or SUV needed. Be by front sidewalk to help unload electronics.
Outdoor Work/Construction/Clean Up/Painting			
	Animal Welfare Association	Can be morning or afternoon shift 😊	Fall clean-up inside and out; possibly painting. Anyone under 16 must be accompanied by an adult
	ARC of Gloucester County	10 am – 3 pm	Painting storefront at one of ARC's adult training facilities in Paulsboro.
	Cherry Hill Recreation Department	10am-12 pm with some flexibility 😊	Park cleanup to be determined in October (may include raking, debris clean up, and planting).
	Camden County Parks Department	10-12 pm 😊	Clean up local county parks; open to families as long as children are accompanied by adults
	Community Garden	10 am – 1:00 pm 😊	Help clean up and put this community garden to bed for the winter. Garden is by Sacred Heart in Camden.
	Good Counsel Home, Riverside	Flexible time 😊	Help with yard work
	Habitat Restore Pennsauken	9 am – 2 pm	Must be at least 16 years old (anyone younger than 18 must have parental permission); families with preteen children are welcome (no little ones)
	Holy Name School	7:30 am- until finished	Paint principal's office (they will be going through Middle States evaluation and this helps with the preparation). 14' ceilings
	Lawn Care for a parishioner	Time is flexible	Mowing, raking, usual lawn work
	Metro Camden Habitat for Humanity, Camden	8:30 am- 3:00 pm	Home construction; will sign legal agreement on site; must be at least 16; bring tools if you have them; bring lunch and beverages
	Sacred Heart School	8:30 am- 1 pm 😊	Outdoor work and indoor painting
	Saddler's Woods, Haddon Twp.	9:30 am- 1 pm 😊	Raking, laying mulch
	St. Anthony's School, Camden	9:00 am -2:00 pm	Paint boys' and girls' bathrooms; paint hallways (14' ceilings)
	Saint Bart's Children's Garden, Camden	9-12 😊	Parishioner Betty Atkins has established a community garden. Help put this garden "to bed" for the fall. Bring gloves; wear sneakers.
	St. Cecilia School, Pennsauken	9-12	Paint US map on playground using a stencil (time negotiable)
	St. Joseph Pro-Cathedral School, Camden	9-12	Make and install three shelf units. (Time frame can be negotiated)
	St. Mary's Home, Cherry Hill	Flexible time 😊	Plant mums in three outdoor planters (time is flexible)
	Vine House, Merchantville	9 am – 3 pm	Help with painting and basement clean out for this new group home for persons with disabilities.

	Woodford Cedar Run Wildlife Refuge, Medford	10 am – 1:00 pm 	Cleaning trails and raking
Visiting People/Help with Events			
	Collingswood Manor	9:00 am – 1:00 pm 	Visit residents; play games. Must be 14 or older but can be any age as long as accompanied by an adult. This is not the “Doggone Day” event which we have helped with in the past.
	Arden Court	1:30- 2:30 pm	Sing along with old time songs for the residents.
	Refugee Meet and Greet Place to be determined	1 pm – 4:00 pm 	We have many refugees in the area through the work of Catholic Charities. This is an opportunity to meet the refugees and their families. Translators will be present. Families are encouraged to respond. Plans can include games and craft projects for the children as well as snacks.
	Cooper River West Nursing Home	12:00 – 2:00 pm 	Do one on one visits, play Bingo crafts and table games with the residents of this nursing home.
	Voorhees Pediatric Hospital	10:30- 11:30	Play games with the children or bring an activity to do with them. The children who come should be 15 years of age or older.
	Kid's Alley Saturday Children's Program, Collingswood	9:30 am – 12:30 pm 	Lead simple craft projects with three different age groups of children. Volunteers should be age 14 or older (unless accompanied by an adult.)
	St. Mary's Home, Cherry Hill	Noon- 2 	Help with lunch distribution; one on one visits; play games; anyone under 15 accompanied by an adult
Food Preparation, Service and Distribution			
	Cathedral Kitchen 1514 Federal St. Camden	11:30 am- 1:30 pm	Serve a meal to the clients who come to the Cathedral Kitchen; must be at least 16
	Cathedral Kitchen, Camden	9- 10:30 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to clients at Cathedral kitchen. Volunteers will be contacted regarding bringing bread, cold cuts or cheese.
	Joseph's House/New Visions	9- 10:30 	Cookie decorating. These cookies will be given to these organizations which help persons who are homeless.
	New Visions, Camden New Visions is a day shelter for people who are homeless.	7:30- 11:00 am 	Plan a menu and prepare breakfast for the clients who come to New Visions. The service includes preparation and service. Children can come if accompanied by their parents
		10:30am – 2:00 pm 	Lunch service
	South Jersey Food Bank, Mt. Holly	9:30 am- 1:30 pm	Assist with food distribution event: act as greeters, sign people in, assist with packing food and helping recipients carry food if necessary. Age 16 or older.
	Gift of Life Family House Philadelphia	8 am- 12:30 pm	10-12 volunteers needed to prepare brunch for the residents of this facility in Philadelphia (just over the bridge). The people here are awaiting life-saving organ transplants.
	Joseph's House- an overnight café which houses people who are homeless.	9:30-11:30 am 	This activity will be done at Kurylo Hall on Mitzvah Day. Volunteers will prepare soup and casseroles to be delivered to clients at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult.
	New Visions and Joseph's House	9:00-10:30 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make and decorate sugar cookies to be delivered to clients at New Visions and Joseph's House in Camden, NJ.
	Pot luck at Christ our Light	Flexible time	Help coordinate the parish-wide potluck that will take place at 6 pm on Mitzvah Day.
		Help with clean up after the meal	

	Asbury United Methodist Church, Camden	11 am- 1pm	Help in the ministry that Asbury Methodist has with their Saturday meal program.
Kit Assembly and Other Projects- all activities listed here are 😊			
	Virtua Voorhees Hospital Child Life Department	1:00- 2:30	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.
	Cards for Military and Nursing Homes	9:00- 10:30 and 1:00- 2:30	We will have a station set up for anyone who would like to make a card to brighten the day of someone in our military or someone in a nursing home. You can also do this after another activity if you wish.
	Cathedral Kitchen	9:00- 10:30	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils and color placemats for the Cathedral kitchen in Camden, NJ. Volunteers will need to bring their own crayons or markers for coloring.
	New Visions	1:00- 2:30	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will assemble “We Care” health kits with donated toiletry and hygiene products.
			Volunteers can also work on creating fleece scarves for people who are homeless
	Good Counsel Home- This is a home for formerly homeless, pregnant women and their children.	1:00- 2:30	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ.
			Also, we would like to decorate placemats for the residents of Good Counsel Home. Please bring markers and crayons.
Other Opportunities on that Day In addition to the work sites, there is also an opportunity to get involved for the day by donating needed materials ahead of time.			
Electronic Equipment: Have anything with a plug that needs to be recycled? If you drop off your electronic equipment by 10 am, we will transport it to the electronic recycling center in Cherry Hill. Volunteer help also needed for this.			
Cell Phones for Troops: Drop off any cell phones you have which you no longer use. If the phone is too old, it is sold for parts and then calling cards are purchased for the troops. Useable phones are refurbished and given to troops so they can call their loved ones. In all cases, the phone memory is purged. Drop phones off on Mitzvah Day in the cafeteria or in the gathering space or parish office before that day.			
Other Donations: Bubbles, coloring books, crayons, sudoko puzzles, children’s craft supplies, sealable plastic bags in sandwich size and gallon size. Toiletries for kits (soap, toothpaste, deodorant (men and women’s), toothbrushes (full size), hand lotion; new white socks for adults. Plastic grocery bags from Wegman’s, Acme, Shoprite, etc. There will be baskets in the gathering space for these donations.			
Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep at Gift of Life Family House, Cathedral Kitchen sandwiches and New Visions); Lowe’s or Home Depot (for the gardening and home improvement project sites) and A.C. Moore, JoAnne Fabric or Target (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for BJ’s or Costco where we can get supplies for any of these projects.			
Questions? E-mail Michelle Tartamosa at justiceandoutreach@christourlight.net .			