

Christ our Light Mitzvah Day!



Lending a helping hand October 19, 2013

THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer / Donation Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 6th**.

There are opportunities for both volunteering **and** donating. You do not have to fill out a form if you wish to make a donation.

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____
Area Code

Family members participating (please list ages of those under 18). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 😊 indicates that the activity is suitable for families with younger children.

Name	Age	Name	Age
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices.

Choices are decided on a first-come, first served basis. You will be notified as to your placement. You can also register on the parish website at www.ChristOurLight.net. We will have reusable COL grocery totes for each household available on Mitzvah Day.

Part of our Mitzvah Day celebration is a potluck on that day after the 4:30 Mass.

All are welcome, not just those who worked at a site.

Please indicate the number attending: _____

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. The captain will also coordinate the supplies and equipment needed for the service site. We are hoping to have enough people stepping forward so that we can have co-captains for each site. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
Call Office	Blood Drive School Auditorium	8:30 am – 1:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration strongly encouraged. Goal is 45 pints. Call the parish office to make an appointment at 856-667-2440.
	Electronics Recycling	9 am- 12:00	People will be dropping off small electronics which need to be taken to the electronics recycling center in Cherry Hill. Truck, van or SUV needed. Be by front sidewalk to help unload electronics.
Outdoor Work/Construction/Clean Up/Painting			
	Animal Welfare Association	Can be morning or afternoon shift 😊	Fall clean-up inside and out. Anyone under 16 must be accompanied by an adult
	Cherry Hill Recreation Department	9 am-12 pm with some flexibility 😊	Working at Bunker Hill Park, cleaning up and installing signs
	Yard work at Good Counsel Home, Riverside	Flexible time 😊	Help with yard work and scraping paint off a fence
	Habitat Restore Pennsauken	9 am – 2 pm	Warehouse work. Must be at least 16 years old (anyone younger than 18 must have parental permission); families with preteen children are welcome (no little ones).
	Holy Name School	7:30 am- until finished	Paint principal's office. 14' ceilings
	Metro Camden Habitat for Humanity, Camden	8:30 am- 3:00 pm	Home construction; will sign legal agreement on site; must be at least 16; bring tools if you have them; bring lunch and beverages
	Queen of Heaven Rectory	9 am – noon	Assist with cleaning out Queen of Heaven rectory and other buildings on the property.
	Sacred Heart School	8:30 am- 1 pm 😊	Outdoor work and painting school furniture
	St. Anthony's School, Camden	9:00 am -2:00 pm	Paint boys' and girls' bathrooms
	Saint Bart's Community Garden, Camden	9-12 😊	Parishioner Betty Atkins has established a community garden. Help put this garden "to bed" for the fall. Bring gloves; wear sneakers.
	St. Cecilia School, Pennsauken	9-12	Outside yard work
	St. Joseph Pro-Cathedral School, Camden	9-12	Paint outside doors to the school
	Vine House, Merchantville	9 am – 3 pm 😊	Help with outdoor work; rake leaves; paint furniture
	Woodford Cedar Run Wildlife Refuge, Medford	10 am – 1:00 pm 😊	Cleaning trails and raking

Visiting People/Help with Events			
	Collingswood Manor 😊 Morning: Centerpieces and Doggone Day Afternoon: Activities with residents	9:00 am – 11:00 am	Some volunteers will help make centerpieces for an activity and others will engage residents in the “Doggone Day” event which we have helped with in the past.
		1:00 pm – 3:00 pm	Visit residents; play games. Must be 14 or older but can be any age as long as accompanied by an adult.
	Arden Court	1:30- 2:30 pm	Sing along with old time songs for the residents.
	Voorhees Pediatric Hospital-	1-2 pm	Play games with the children or bring an activity to do with them. The children who come should be 15 years of age or older. This is a hospital for children with profound physical and mental challenges
	Kid's Alley Saturday Children's Program, Haddon Heights	9:30 am – 12:30 pm 😊	Lead simple craft projects with three different age groups of children. Volunteers should be age14 or older (unless accompanied by an adult.)
	St. Mary's Home, Cherry Hill	Noon- 3 😊	Help with lunch distribution; one on one visits; play games; assist residents with playing Bingo; anyone under 15 accompanied by an adult
Food Preparation, Service and Distribution			
	Serve Meal at Cathedral Kitchen	11:00 am- 1:30 pm	Serve a meal to the clients who come to the Cathedral Kitchen; must be at least 16
	Make sandwiches for Cathedral Kitchen at RCS (must contribute bread and cheese)	9- 10:30 am 😊	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to clients at Cathedral kitchen. Volunteers should bring at least one king size loaf of white bread and 1 pound of American cheese. Zip top sandwich bags are also welcome
	Prepare breakfast at New Visions, Camden.	7:30- 11:00 am 😊	Plan a menu and prepare breakfast for the clients who come to New Visions. This placement includes preparation and service. Children can come if accompanied by their parents
	Gift of Life Family House Philadelphia	12:30 pm- 3:00 pm	Volunteers needed to bake for the residents of this facility in Philadelphia (just over the bridge). The people here are awaiting life-saving organ transplants. If you would like to do this, but cannot attend on Mitzvah Day, we can forward you the recipes suggested by Gift of Life Family House and they can be dropped off on Mitzvah Day before 10 am.
	Make casseroles for Joseph's House at RCS	9:30-11:30 am 😊	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will prepare casseroles to be delivered to clients at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult.
	Decorate sugar cookies for New Visions at RCS	9:00-10:30 am 😊	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make and decorate sugar cookies to be delivered to clients at New Visions and Joseph's House
	Pot luck at Christ our Light	Flexible time	Help coordinate the parish-wide potluck that will take place at 5:30 pm on Mitzvah Day.
		Help with clean up after the meal	
Kit Assembly and Other Projects- all activities listed here are at RCS and 😊			
	Make kits for Virtua Voorhees Hospital Child Life Department at RCS	1:00- 2:30 pm 😊	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.

	Make Craft projects for Manor Care at RCS	9:00- 10:30 and 1:00- 2:30		Help with Christmas and Easter crafts which will be given to the residents of Manor Care.
	Bag utensils and color placemats for Cathedral Kitchen at RCS	9:00- 10:30		This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils and color placemats for the Cathedral kitchen in Camden, NJ. Volunteers will need to bring their own crayons or markers for coloring.
	Assemble toiletry kits for New Visions at RCS	1:00- 2:30		This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will assemble "We Care" health kits with donated toiletry and hygiene products.
				Volunteers can also work on creating fleece scarves for people who are homeless
	Make no sew fleece blankets for Good Counsel Home at RCS	1:00- 2:30		This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ.
				Also, we would like to decorate placemats for the residents of Good Counsel Home. Please bring markers and crayons.

Other Opportunities on that Day

In addition to the work sites, there is also an opportunity to get involved for the day by donating needed materials ahead of time.

Electronic Equipment: Have anything with a plug that needs to be recycled? If you drop off your electronic equipment by 10 am, we will transport it to the electronic recycling center in Cherry Hill. Volunteer help also needed for this.

Cell Phones for Troops: Drop off any cell phones you have which you no longer use. If the phone is too old, it is sold for parts and then calling cards are purchased for the troops. Useable phones are refurbished and given to troops so they can call their loved ones. In all cases, the phone memory is purged. Drop phones off on Mitzvah Day in the cafeteria or in the gathering space or parish office before that day.

Other Donations: Toiletries for kits (soap, toothpaste, deodorant (men and women's), toothbrushes (full size), hand lotion; new white socks for adults. Bubbles, coloring books, crayons, sudoko puzzles, children's craft supplies, sealable plastic bags in sandwich size and gallon size. Plastic grocery bags from Wegman's, Acme, Shoprite, etc. There will be baskets in the gathering space for these donations.

Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep at Gift of Life Family House, Cathedral Kitchen sandwiches and New Visions); **Lowe's or Home Depot** (for the gardening and home improvement project sites) and **A.C. Moore, JoAnne Fabric or Target** (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for **BJ's or Costco** where we can get supplies for any of these projects.

Questions? E-mail Michelle Tartamosa at mtartamosa@comcast.net.