

Christ our Light Mitzvah Day!

Lending a helping hand October 18, 2014



THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer / Donation Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 8th**.

There are opportunities for both volunteering **and** donating. **You do not have to fill out a form if you wish to make a donation.**

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____
Area Code

Family members participating (please list ages of those under 18). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 🧡 indicates that the activity is suitable for families with younger children.

Name	Age	Name	Age
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices.
Choices are decided on a first-come, first served basis. You will be notified as to your placement. We will have adult and children's t-shirts in limited sizes available on Mitzvah Day when you check in at the All Purpose Room.

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. The captain will also coordinate the supplies and equipment needed for the service site. We are hoping to have enough people stepping forward so that we can have co-captains for each site. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
Call Office	Blood Drive School Auditorium	8:30 am – 12:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration required. Goal is 45 pints. Call the parish office to make an appointment at 856-667-2440.
	Electronics Recycling	9 am- 12:00	People will be dropping off small electronics which need to be taken to the electronics recycling center in Cherry Hill. Truck, van or SUV needed.
Outdoor Work/Construction/Clean Up/Painting			
	Animal Orphanage		The Animal Orphanage has had a change in policy and decided not to use short-term volunteers any more.
	Cherry Hill Recreation Department	10am-12 pm with some flexibility 😊	Park clean up
	Cherry Hill Food Pantry	9:30 am -2:30 pm	Facility cleaning; must be able to lift at least 10 pounds
	Christ Our Light Community Garden	10:00 am- 1:00 pm 😊	Help put the garden to bed for the winter
	Good Counsel Home, Riverside	Flexible time 😊	Help with yard work
	Habitat Restore Pennsauken	9 am – 2 pm	Must be at least 16 years old (anyone younger than 18 must have parental permission)
	Habitat Restore Maple Shade	9 am – 2 pm	Must be at least 16 years old (anyone younger than 18 must have parental permission)
	Holy Name School	7:30 am- until finished	Outdoor work including painting two outside railings
	Sacred Heart School	8:30 am- 1 pm 😊	indoor painting of school furniture
	Saddler's Woods, Haddon Twp.	9:30 am- 1 pm 😊	Raking, laying mulch; trail clean up. Our Boy Scout troop will be working here so we will accept only a very limited number.
	St. Anthony's School, Camden	9:00 am -2:00 pm	Paint very small faculty bathroom; some outside clean up
	Saint Bart's Children's Garden, Camden	9-12 😊	Parishioner Betty Atkins has established a community garden. Help put this garden "to bed" for the fall. Some of our young adults will be helping here so registration of people outside of that group will be limited. Consider helping with the COL garden.
	St. Cecilia School, Pennsauken	9-12 😊	Outdoor clean up
	St. Joseph Pro-Cathedral School, Camden	9-12 😊	Outdoor clean up
	Vine House, Merchantville	9 am – 3 pm 😊	Help with outdoor work; also cook lunch for residents
	Woodford Cedar Run Wildlife Refuge, Medford	10 am – 1:00 pm 😊	Cleaning trails and raking

Visiting People/Help with Events

	Collingswood Manor	9:00 am – 1:00 pm 	Create fall centerpieces for the dining rooms. Must be 14 or older but can be any age as long as accompanied by an adult. This is not the “Doggone Day” event which we have helped with in the past.
	Collingswood Manor	1:00- 3:00 pm	Play Bingo with the residents
	Arden Court	1:30- 2:30 pm	Sing along with old time songs for the residents.
	Voorhees Pediatric Hospital	10:30- 11:30	Play games with the children or bring an activity to do with them. The children who come should be 15 years of age or older.
	Kid's Alley Saturday Children's Program, Haddon Heights	8:30 am – 12:30 pm 	Lead simple craft projects with young children. Volunteers should be age 14 or older (unless accompanied by an adult and then can be any age) Make sandwiches and pack 80 lunches to take along for children in the program.
	St. Mary's Home, Cherry Hill	Noon- 3 	Help with lunch distribution; one on one visits; play games; anyone under 15 accompanied by an adult

Food Preparation, Service and Distribution

	Cathedral Kitchen 1514 Federal St. Camden	10:30 am- 1:30 pm	Serve a meal to the clients who come to the Cathedral Kitchen; must be at least 16
	Sandwich Making	9- 10:30 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to clients at Cathedral kitchen, New Visions and Joseph's House. Volunteers will be contacted regarding bringing bread, cold cuts or cheese.
	New Visions, Camden New Visions is a day shelter for people who are homeless.	7:30- 11:00 am 	Plan a menu and prepare breakfast for the clients who come to New Visions. The service includes preparation and service. Children can come if accompanied by their parents
	South Jersey Food Bank	9:30 am- 12:30 pm	Work in warehouse sorting food; age 13 or older
	Gift of Life Family House Philadelphia	Time to be determined	Bake cookies as well as other baked goods for the residents of this facility in Philadelphia (just over the bridge). The people here are awaiting life-saving organ transplants.
	Joseph's House- an overnight café which houses people who are homeless.	9:30-11:30 am 	Volunteers will prepare soup and casseroles at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult. The cooking will be done at Joseph's House.
	Ronald McDonald House	8:00- 11:30 am 	Prepare and serve breakfast.

Kit Assembly and Other Projects- all activities listed here are

	Virtua Voorhees Hospital Child Life Department	1:00- 2:30	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.
	Cherry Hill Food Pantry	9:00- 10:00 am 1:00 pm- 2pm	Decorate 20 bags for the Thanksgiving food collection and also staple on the wish list for our semi-annual food collection to 400+ bags; help with plastic bag straightening
	Cathedral Kitchen	9:00- 10:30	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils and color placemats for the Cathedral kitchen in Camden, NJ. Volunteers will need to bring their own crayons or markers for coloring.

	Christmas and Easter craft projects	9:00- 11:00 1:00- 3:00	Help with craft projects that are used for Manor Care Nursing Home.
	Good Counsel Home- This is a home for formerly homeless, pregnant women and their children.	1:00- 2:30	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ.
			Also, we would like to decorate placemats for the residents of Good Counsel Home. Please bring markers and crayons.

Other Opportunities on that Day

In addition to the work sites, there is also an opportunity to get involved for the day by donating needed materials ahead of time.

Electronic Equipment: Have anything with a plug that needs to be recycled? If you drop off your electronic equipment by 10 am, we will transport it to the electronic recycling center in Cherry Hill. Volunteer help also needed for this.

Cell Phones for Troops: Drop off any cell phones you have which you no longer use. If the phone is too old, it is sold for parts and then calling cards are purchased for the troops. Useable phones are refurbished and given to troops so they can call their loved ones. In all cases, the phone memory is purged. Drop phones off on Mitzvah Day in the cafeteria or in the gathering space or parish office before that day.

Other Donations: Bubbles, coloring books, crayons, suduko puzzles, children's craft supplies, sealable plastic bags in sandwich size and gallon size. Toiletries (soap, toothpaste, deodorant (men and women's), toothbrushes (full size), hand lotion; new white socks for adults. Plastic grocery bags from Wegman's, Acme, Shoprite, etc. There will be baskets in the gathering space for these donations.

Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep at Gift of Life Family House, Cathedral Kitchen sandwiches, Ronald McDonald House and New Visions); **Lowe's or Home Depot** (for the gardening and home improvement project sites) and **A.C. Moore, JoAnne Fabric or Target** (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for **BJ's or Costco** where we can get supplies for any of these projects.

Questions? E-mail Pat Slater at pslater@christourlight.net