

Christ our Light Mitzvah Day!

Lending a helping hand October 15, 2016



THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer / Donation Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 6th**.

There are opportunities for both volunteering **and** donating. **You do not have to fill out a form if you wish to make a donation.**

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____
Area Code

Family members participating (**please list ages of those under 18**). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 😊 indicates that the activity is suitable for families with younger children.

Name	Age	Name	Age
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices.

You will be notified as to your placement.

Team captains are needed for each site. The time commitment for being a team captain is minimal.

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
	Blood Drive School Auditorium	7:30 am – 12:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration helpful. Goal is 45 pints. Call Eva Vitello to make an appointment at 856-751-2530
Outdoor Work/Construction/Clean Up/Painting/Organizing			
	Cherry Hill Food Pantry	9:30 am -1:00 pm	Help sort and clean; restock shelves at new location off of Brace Rd.
	Good Counsel Home, Riverside	Flexible time 😊	Help with yard work
		Flexible time	Two volunteers needed to help sort donations
	Habitat Restore Maple Shade	9 am – 2 pm	Must be at least 16 years old (anyone younger than 18 must have parental permission)
	Saddler's Woods, Haddon Twp.	9:30 am- 1:30 pm 😊	Raking, laying mulch; trail clean up. Our Boy Scout troop will be working here so we will accept only a very limited number.
	St. Anthony's School, Camden	9 am -12 pm	Install shelving
	St. Cecilia School, Pennsauken	9 am-12 pm 😊	Outdoor clean up; restoring flower bed by fence; weeding; painting fence posts
	Woodford Cedar Run Wildlife Refuge, Medford	10 am – 1 pm 😊	Cleaning trails and raking
	St. Bart's Children's Garden	9 am -12:00 pm 😊	Help put the garden to bed for the winter; harvest any vegetables which remain.
	Holy Name School	9-11:30 am 😊	Raking, sweeping around school and playing with neighborhood children
	Small repair projects	Flexible	We have a few small handyman jobs for parishioners (installing towel rack, shower head)
	Christ Our Light Library	Flexible	Help with cataloging the books in the COL library located in the ministry center.

Visiting People/Help with Events

	Collingswood Manor	9 am – 1 pm 	Pumpkin painting and manicures for residents
	Collingswood Manor	1- 3 pm	Play Bingo with the residents
	Arden Court	1:30- 2:30 pm	Sing along with old time songs for the residents.
	Voorhees Pediatric Hospital	10:30- 11:30 am	Play games with the children or bring an activity to do with them. The children who come should be 15 years of age or older.
	St. Mary's Home, Cherry Hill	11:30 am- 2:30 pm 	Help with lunch distribution; one on one visits; play games and bingo with residents; anyone under 15 accompanied by an adult

Food Preparation, Service and Distribution- except for sandwich and casserole making, the parish can pay for the food supplies.

	Cathedral Kitchen	11:30 am- 1:30 pm	Serve a meal to the guests who come to the Cathedral Kitchen; must be at least 16
	Sandwich Making	9- 10:30 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to guests at Cathedral kitchen, New Visions and Joseph's House. Volunteers will be contacted regarding bringing bread, cold cuts and cheese.
	New Visions, Camden New Visions is a day shelter for people who are homeless.	7:30- 11:00 am 	Plan a menu and prepare breakfast for the clients who come to New Visions. The service includes preparation and service. Children can come if accompanied by their parents. The parish pays for the food.
	South Jersey Food Bank	9:00 am- 11:00 pm	Help with food distribution in Williamstown; age 13 or older; need to arrive by 8:40 am
	Ronald McDonald House	7:00 – 11:30 am	Prepare and serve breakfast for the guests 
	Joseph's House	9:30-11:30 am 	Volunteers will prepare casseroles at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult. The cooking will be done at Joseph's House. Volunteers are asked to bring ingredients for their casseroles.
	Vine House, Merchantville	11 am- 1 pm 	Prepare lunch for the residents of this home for those with special needs. If weather is good, can even grill outside. Parish provides the food.
	Kid's Alley Saturday Children's Program, Haddon Heights	9 am – 12 pm 	Serve breakfast at their site in Haddon Heights or prepare bagged breakfasts (breakfast is served 10:40-11:15. It is a continental breakfast with items such as yogurt, muffins). Parish provides the food.
	Gift of Life	12:30- 1:30 pm 	Gift of Life is a home in Philadelphia where people stay while awaiting life-saving organ transplants. This project is baking at Gift of Life.
	Joe's Place	3:30-6:30 pm	Prepare and serve a meal for people in the neighborhood around Sacred Heart.

	Ronald McDonald House	Deliver to RCS between 8 am- 1:00 pm 	Prepare breakfast muffins or breads (e.g. zucchini, banana nut or pumpkin) that can be frozen and served whenever there is a need at Ronald McDonald House. Recipes will be available at the Welcome/Information desk. Please deliver to the main lobby at the school
Kit Assembly and Other Projects- all activities listed here are 			
	Virtua Voorhees Hospital Child Life Department	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.
	Cherry Hill Food Pantry	9:00- 10:00 am 1:00 pm- 2pm	Decorate 20 bags for the Thanksgiving food collection and also staple on the wish list for our semi-annual food collection to 400+ bags; help with plastic bag straightening
	Cathedral Kitchen	9:00- 10:30 am	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils for Cathedral Kitchen.
	Placemat decorating	9:00-10:30 am	Decorate placemats for Cathedral Kitchen and for Good Counsel Home
	Christmas craft projects	9:00- 11:00 am 1:00- 3:00 pm	Help with craft projects that are used for Barclay Nursing Home.
	Fleece blanket and scarf making	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ, blankets for those undergoing chemotherapy for the Cozies for Chemo program and also for people who are homeless.
Other Opportunities In addition to the work sites, there is also an opportunity to get involved in the day by donating needed materials ahead of time.			
Electronic Equipment: Have anything with a plug that needs to be recycled? If you drop off your electronic equipment by 10 am, we will transport it to the electronic recycling center in Cherry Hill. No large TV's, please. Only small electronics.			
Cell Phones: Drop off any cell phones you have which you no longer use. The cell phones will be taken to Verizon. The memory is purged and the phones are used to help survivors of domestic violence. Drop phones off in the gathering space or parish office before that day.			
Other Donations: Bubbles, coloring books, crayons, suduko puzzles, children's craft supplies, sealable plastic bags in sandwich size and gallon size. Toiletries (soap, toothpaste, deodorant (men and women's), toothbrushes (full size), hand lotion; new white socks for adults. Adult backpacks; used luggage on wheels. Plastic grocery bags from Wegman's, Acme, Shoprite, etc. There will be baskets in the gathering space for these donations.			
Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep); Lowe's or Home Depot (for the gardening and home improvement project sites) and A.C. Moore, JoAnne Fabric or Target (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for BJ's where we can get supplies for any of these projects.			
Questions? E-mail Pat Slater at pslater@christourlight.net			