

Ten Years Strong

Christ our Light Mitzvah Day!



Lending a helping hand Saturday, October 19, 2019

THANK YOU for choosing to live generously and for participating in our parish-wide day of service!

Volunteer Form

Return your completed form to the parish office or place it in the collection at any Mass **no later than October 8th**.

There are opportunities for both volunteering **and** donating. **You do not have to fill out a form if you wish to make a donation.**

Complete the information below. (Please print.)

Family Contact: First Name: _____ Last Name: _____

E-mail: _____ @ _____

Best Phone Number to reach you: _____ - _____ - _____
Area Code

Family members participating (**please list ages of those under 18**). If a family member is participating in a different activity from the rest of the family, please have them fill out a separate application form (e.g. high school student going with the youth group, or family members splitting up because of two different times for activities, etc.) The icon 😊 indicates that the activity is suitable for families with younger children. **Adults do not need to list their ages. Please indicate your t-shirt size if you would like one: YS, YM, Adult S, Adult M, Adult L, Adult XXL**

Name	Age	T-shirt size	Name	Age	T-shirt size
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

The opportunities are described on the next three pages. Please indicate your 1st, 2nd and 3rd choices.
You will be notified as to your placement.

For each site we need a team captain to act as point person for that site. The team captain will be responsible for contacting all team members before the day and to be in contact with the agency contact person. The team captain must have a cell phone and be able to use e-mail. Please indicate if you would be willing to be a team captain by putting TC in the box and your initials. Time commitment to be a team captain is minimal. Willingness to be a team captain usually assures you your first choice placement.

Agency		Time Frame	Other notes
	Blood Drive Gym	7:30 am – 12:30 pm	We will have a blood drive in the school auditorium all morning. Pre-registration helpful. Goal is 45 pints. Call Eva Vitello to make an appointment at 856-751-2530
Outdoor Work/Construction/Clean Up/Painting/Organizing			
	Cherry Hill Food Pantry	9:00 am -2:00 pm	Help sort and clean; restock shelves, clean refrigerators and freezers; must be at least 12 years old
	Good Counsel Home	9 am - noon	Help with yard work; in case of rain will help with cleaning out the basement. Age 13 and up
	Pilgrimage of Service with DeSales Service Works	9:30 am- 2:30 pm	This is a multi-faceted service day which includes service (yard work and clean up) and experiences in Camden and a tour of the Cathedral. It is facilitated by Father Mike McCue from the Cathedral. This opportunity is for middle school students and older and for adults
	St. Bart's Garden	9 am -12:00 pm 🍌	Help put the garden to bed for the winter; harvest any vegetables which remain.
	Holy Name School	9 am -12:00 pm	Refresh polyurethane coats on wooden doors of school
	Sacred Heart School	9 am- 12:00 pm	Paint radiator covers and shelves in classrooms
	St. Joseph Pro-Cathedral School	9 am – 12:00 pm	Paint after-school room
	Saddler's Woods	9:30- am – 1:30 pm	Raking, laying mulch; trail clean up. Our Boy Scout troop will be working here so we will accept only a very limited number of additional applications.

	SSJ Welcome Center	9:00 am – noon	Clean up the garden area at the new Sister of St. Joseph Welcome Center in Camden
Visiting People/Help with Events			
	Arden Court	1 pm- 3 pm	Set up and help with Oktoberfest (adults only)
	St. Mary's Home	1:30 pm – 3 pm 	play bingo with residents
	United Methodist Communities at Collingswood (formerly Collingswood Manor)	9:30 am – 12:00 pm 	Do craft activities with the residents
	United Methodist Communities at Collingswood (formerly Collingswood Manor)	1- 3 pm 	Play Bingo with the residents (The Leisure Club helps with this event so we can accept only a few more helpers).
	Voorhees Pediatric Hospital	10:30- 11:30 am	Play games with the children or bring an activity to do with them. The children who come should be 14 years of age or older.
Food Preparation, Service and Distribution- except for sandwich and casserole making, the parish can pay for the food supplies.			
	Cathedral Kitchen	11:30 am- 1:30 pm	Serve a meal to the guests who come to the Cathedral Kitchen; must be at least 16
	Sandwich Making	9 am- 11:00 am 	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make sandwiches to be given out to guests at Cathedral kitchen, the Neighborhood Center and Joseph's House. We ask that volunteers bring at least one king size loaf of bread, one pound of beef bologna or turkey and a half pound of American cheese.
	South Jersey Food Bank	8:15 am- 11:00 am 	Help with food distribution in Williamstown; age 10 or older; need to arrive by 8:15 am
	Ronald McDonald House	9-11:00 am 	Cook and serve brunch. Children 8 and older can participate. Food is prepared on site. Participants bring ingredients. Parish can help with cost if needed.
	Joseph's House of Camden	9:00 am -12:00 pm 	Volunteers will prepare casseroles at Joseph's House in Camden, NJ. School aged children are welcome to volunteer with an adult. The cooking will be done at Joseph's House. Volunteers are asked to bring ingredients for their casseroles.

	Kid's Alley Saturday Children's Program, Pennsauken	10:00 am – Noon 	Serve breakfast at their site in Pennsauken or prepare bagged breakfasts (breakfast is served 10:40-11:15. It is a continental breakfast with items such as yogurt, muffins). Parish provides the food. 6 th grade and older
	Ronald McDonald House	Deliver to parish center between 8 am- 1:00 pm	Prepare breakfast muffins or breads (e.g. zucchini, banana nut or pumpkin) that can be frozen and served whenever there is a need at Ronald McDonald House. Recipes will be available at the Welcome/Information desk. Please deliver to the parish center

Kit Assembly and Other Projects- all activities listed here are



	Virtua Voorhees Hospital Child Life Department	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on the Mitzvah Day. Volunteers will assemble craft kits which can be given to children in hospital waiting rooms.
	Cathedral Kitchen	9:00- 10:30 am	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will bag utensils for Cathedral Kitchen.
	Christmas craft projects	9:00- 11:00 am 1:00- 3:00 pm	Help with craft projects that are used for Barclay Nursing Home. This will be done in RCS cafeteria.
	Fleece blanket and scarf making	1:00- 2:30 pm	This activity will be done in the RCS cafeteria on Mitzvah Day. Volunteers will make easy no-sew fleece blankets for babies staying at the Good Counsel Home in Riverside, NJ, blankets for those undergoing chemotherapy for the Cozies for Chemo program and also for people who are homeless.

Other Opportunities

In addition to the work sites, there is also an opportunity to get involved in the day by donating needed materials ahead of time. Bins will be in the gathering space beginning September 28.

Cell Phones: Drop off any cell phones you have which you no longer use. The cell phones will be taken to Verizon. The memory is purged and the phones are used to help survivors of domestic violence. Drop phones off in the gathering space or parish office before that day.

Other Donations: Bubbles, coloring books, crayons, suduko puzzles, children's craft supplies, sealable plastic bags in sandwich size and gallon size. Toiletries (soap, toothpaste, deodorant (men and women's), toothbrushes (full size), hand lotion; new white socks for adults. Adult backpacks; used luggage on wheels. We are also collecting items for the Animal Welfare Association: small Ziploc bags, medium kitchen garbage bags, towels, washcloths and non-fitted sheets (can be used, but should be clean). There will be baskets in the gathering space for these donations. We are also collecting women's handbags filled with toiletries.

Gift cards needed to support Mitzvah Day projects: any major food store (needed for food prep); **Lowe's or Home Depot** (for the gardening and home improvement project sites) and **A.C. Moore, JoAnne Fabric or Target** (for the craft kits for children in waiting rooms and fleece baby blankets). Gift cards and donations can be placed in the collection at Mass, preferably in an envelope with Mitzvah on the front or dropped off at the parish office. We also welcome gift cards for **BJ's** where we can get supplies for any of these projects.

Questions? E-mail Pat Slater at pslater@christourlight.net

