



LIVING IN THE LIGHT

The Word

The Most Holy Body and Blood of Christ

Week of June 23

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
- ✦ *Then: "In the name of the Father and of the Son"*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Luke 9: 11b-17

Jesus spoke to the crowds about the kingdom of God,
and he healed those who needed to be cured.
As the day was drawing to a close,
the Twelve approached him and said,
"Dismiss the crowd
so that they can go to the surrounding villages and farms
and find lodging and provisions;
for we are in a deserted place here."
He said to them, "Give them some food yourselves."
They replied, "Five loaves and two fish are all we have,
unless we ourselves go and buy food for all these people."
Now the men there numbered about five thousand.
Then he said to his disciples,
"Have them sit down in groups of about fifty."
They did so and made them all sit down.
Then taking the five loaves and the two fish,
and looking up to heaven,
he said the blessing over them, broke them,
and gave them to the disciples to set before the crowd.
They all ate and were satisfied.
And when the leftover fragments were picked up,
they filled twelve wicker baskets.

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: How can you share what you have received from Jesus with others this week?

Teens: Each week, when we celebrate the Holy Eucharist we are asked to “do this in remembrance of me”. How else do you acknowledge the importance of Jesus in your life? Through prayer? Through the ways that you treat others?

Adults: How can you prepare yourself to be nourished by Jesus in the Eucharist this week?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God’s word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God’s word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God’s presence (Contemplatio): Notice God’s presence and be still, surrounded by God’s love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*

✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.