



The Word

The Third Sunday of Lent *Week of March 3, 2024*

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*

- ✦ *Then: “In the name of the Father and of the Son . . .”*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

John 4:5-42

Jesus came to a town of Samaria called Sychar,
near the plot of land that Jacob had given to his son Joseph.
Jacob’s well was there.
Jesus, tired from his journey, sat down there at the well.
It was about noon.

A woman of Samaria came to draw water.
Jesus said to her,
“Give me a drink.”
His disciples had gone into the town to buy food.
The Samaritan woman said to him,
“How can you, a Jew, ask me, a Samaritan woman, for a drink?”
—For Jews use nothing in common with Samaritans.—
Jesus answered and said to her,
“If you knew the gift of God
and who is saying to you, ‘Give me a drink,’
you would have asked him
and he would have given you living water.”
The woman said to him,
“Sir, you do not even have a bucket and the cistern is deep;
where then can you get this living water?
Are you greater than our father Jacob,
who gave us this cistern and drank from it himself
with his children and his flocks?”
Jesus answered and said to her,
“Everyone who drinks this water will be thirsty again;
but whoever drinks the water I shall give will never thirst;
the water I shall give will become in him

a spring of water welling up to eternal life.”
The woman said to him,
“Sir, give me this water, so that I may not be thirsty
or have to keep coming here to draw water.”

Jesus said to her,
“Go call your husband and come back.”
The woman answered and said to him,
“I do not have a husband.”
Jesus answered her,
“You are right in saying, ‘I do not have a husband.’
For you have had five husbands,
and the one you have now is not your husband.
What you have said is true.”
The woman said to him,
“Sir, I can see that you are a prophet.
Our ancestors worshiped on this mountain;
but you people say that the place to worship is in Jerusalem.”
Jesus said to her,
“Believe me, woman, the hour is coming
when you will worship the Father
neither on this mountain nor in Jerusalem.
You people worship what you do not understand;
we worship what we understand,
because salvation is from the Jews.
But the hour is coming, and is now here,
when true worshipers will worship the Father in Spirit and truth;
and indeed the Father seeks such people to worship him.
God is Spirit, and those who worship him
must worship in Spirit and truth.”
The woman said to him,
“I know that the Messiah is coming, the one called the Christ;
when he comes, he will tell us everything.”
Jesus said to her,
“I am he, the one speaking with you.”

At that moment his disciples returned,
and were amazed that he was talking with a woman,
but still no one said, “What are you looking for?”
or “Why are you talking with her?”
The woman left her water jar
and went into the town and said to the people,
“Come see a man who told me everything I have done.
Could he possibly be the Christ?”
They went out of the town and came to him.
Meanwhile, the disciples urged him, “Rabbi, eat.”
But he said to them,
“I have food to eat of which you do not know.”
So the disciples said to one another,

“Could someone have brought him something to eat?”
Jesus said to them,
“My food is to do the will of the one who sent me
and to finish his work.
Do you not say, ‘In four months the harvest will be here’?
I tell you, look up and see the fields ripe for the harvest.
The reaper is already receiving payment
and gathering crops for eternal life,
so that the sower and reaper can rejoice together.
For here the saying is verified that ‘One sows and another reaps.’
I sent you to reap what you have not worked for;
others have done the work,
and you are sharing the fruits of their work.”

Many of the Samaritans of that town began to believe in him
because of the word of the woman who testified,
“He told me everything I have done.”
When the Samaritans came to him,

they invited him to stay with them;
and he stayed there two days.
Many more began to believe in him because of his word,
and they said to the woman,
“We no longer believe because of your word;
for we have heard for ourselves,
and we know that this is truly the savior of the world.”

Faith Sharing

✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: How do you experience Jesus helping and loving you?

Teens: How can you be “living water” to the outcasts of your school?

Adults: How do you experience Christ as “living water”?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God’s word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God’s word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God’s presence (Contemplatio): Notice God’s presence and be still, surrounded by God’s love.

- Choose to act (*Actio*): Trusting in God's nearness, commit to action rooted in love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.